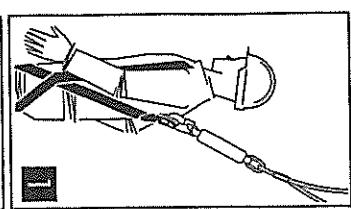




## ASSEMBLING A FALL ARREST SYSTEM

1. Attach the energy absorber's connector to a structural anchor point of full body harness (reinforced to EN 351) -[1]
2. Connect the lanyard's connector to the structural anchor point of fall resistance rate 10 kN (equivalent to EN 795) placed above the user.

- directly [2]
- with a additional connector [3], [4]

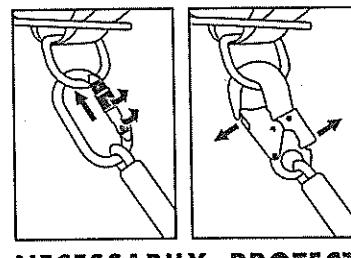


The shape of the structural anchor point shall not let self-ejecting disconnection of the device.

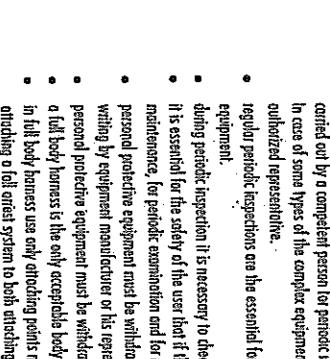
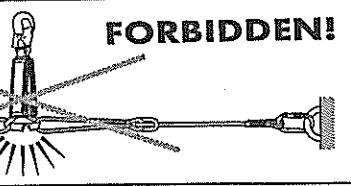
### **WARNING:**

During use the energy absorber with double lanyard (ENSEWY200+18122) is strictly forbidden to attach the one energy's connector to harness attachment element and the second lanyard's connector to structural anchor point [5].

## **WARNING!**



**NECESSARILY PROTECT THE SNAP HOOK GATE WITH THE LOCKING GEAR**



- offer every 12 months of utilization, personal protective equipment must be withdrawn from use to carry out periodic detailed inspection. The periodic inspection must be carried out by a competent person for periodic inspection. The periodic inspection can be carried out also by the manufacturer or his authorized representative. In case of some types of the complex equipment e.g. some types of retractable fall arresters the control inspection can be carried out only by the manufacturer or his authorized representative.
- regular periodic inspections are also essential for equipment maintenance and the safety of the users which depends upon the continued efficiency and durability of the equipment.
- during periodic inspection it is necessary to check the legibility of the equipment marking.
- It is essential for the safety of the user that if the product is resold outside the original country of destination the seller shall provide instructions for use, for maintenance, for periodic examination and for repair in language of the country in which the product is to be used.
- personal protective equipment must be withdrawn from use immediately when any doubt arises about its condition for safe use and not used again until confirmed in writing by equipment manufacturer or his representative after carried out the detailed inspection.
- personal protective equipment must be withdrawn from use immediately and destroyed when it has been used to arrest a fall.
- a full body harness is the only acceptable body holding device that can be used in a fall arrest system.
- in full body harness use only attaching points marked with big letter "A" to attach a fall arrest system. Marking like "A/2" or a half of "A" means the necessity of attaching to fall arrest system to both attaching points together simultaneously. It is strictly forbidden to attach a fall arrest system to the single attaching point marked "A/2" or a half of "A". See drawings below.

## THE ESSENTIAL PRINCIPLES FOR USERS OF PERSONAL PROTECTIVE EQUIPMENT AGAINST FALLS FROM A HEIGHT

- personal protective equipment shall only be used by a person fitted and competent in its safe use.
- personal protective equipment must not be used by a person with medical condition that could affect the safety of the equipment user in normal and emergency use.
- a rescue plan shall be in place to deal with any emergencies that could arise during the work.
- it is forbidden to make any alterations or additions to the equipment without the manufacturer's prior written consent.
- any repair shall only be carried out by equipment manufacturer or his certified representative.
- personal protective equipment shall not be used outside its limitations, or for any purpose other than that for which it is intended.
- personal protective equipment must not be used by a person with medical condition that could affect the safety of the equipment user in normal and emergency use.
- a rescue plan shall be in place to deal with any emergencies that could arise during the work.
- it is forbidden to make any alterations or additions to the equipment without the manufacturer's prior written consent.
- the anchor device or anchor point for the fall arrest system should always be positioned and the work carried out in such a way, as to minimize both the potential for falls and potential fall distance. The anchor device/point should be placed above the position of the user. The shape and construction of the anchor device/point shall not allow to self-selecting disconnection of the equipment. Minimal static strength of the anchor device/point is 10 kN. It is recommended to use certified and marked structural anchor point compliant with EN 795.
- it is obligatory to verify the free space required beneath the user of the workplace before each occasion of use of the fall arrest system, so that, in the case of a fall, there will be no collision with the ground or other obstacle in the fall path. The required value of the free space should be taken from instruction manual of used equipment. There are many hazards that may affect the performance of the equipment and corresponding safety precautions that have to be observed during equipment utilization, especially:
  - falling or hanging of lanyards or stelites over sharp edges,
  - very delicate like cutting, abrasion, corrosion,
  - climatic exposure,
  - abrasion/falls,
  - extremes of temperature,
  - chemical reagents,
  - electrical conductivity.
- personal protective equipment must be transported in the package (e.g.: bag made of moisture-proof textile or foil bag or cases made of steel or plastic) to protect it against damage or moisture.
- the equipment can be cleaned without causing adverse effect on the materials in the manufacture of the equipment. For textile products use mild detergents for delicate fabrics, wash by hand or in a machine and rinse in water. Plastic parts can be cleaned only with water. When the equipment becomes wet, either from being in use or when due cleaning, it shall be allowed to dry naturally, and shall be kept away from direct heat. In metallic products some metallic parts (spring, pin, hinge, etc.) can be regularly slightly lubricated to ensure better operation.
- Other maintenance and cleaning procedures should be adhered to detailed instructions stated in the manual of the equipment.
- personal protective equipment should be stored loosely packed, in a well-ventilated place protected from direct light, ultraviolet degradation, damp environment, sharp edges, extreme temperatures and corrosive or aggressive substances.
- using the energy absorber in connection with fall arrest systems must be compatible with use instructions of the fall arrest systems and obligatory standards:
  - EN 351 for the safety harnesses,
  - EN 353-1, EN 353-2, EN 354, EN 362 - for the fall arrest systems;
  - EN 795 - for anchorage;
  - EN 358 for the work positioning systems.